

Good to Give

Your guide to supporting local charities and community organisations that are helping to loosen poverty's grip on people in Tyne & Wear and Northumberland.

2021-22



About the Community Foundation

We grow giving and philanthropy, matching generous people with important community causes. People from all walks of life come to us to set up charitable funds, give collectively or share expertise. Through their generosity, we support hundreds of small, local charities and community organisations every year with grants from our funds and help from our networks.

Why this guide?

We want to shine a light on critical issues in our area and help people make a difference. We publish research such as Vital Signs www.communityfoundation.org.uk/vitalsigns/ to share our knowledge.

At the Foundation, we think everyone should have a decent standard of living. Poverty was affecting people on our patch long before the pandemic, but the virus has made things harder. Now, as we head into winter, we're seeing higher fuel prices, benefit changes, the end of furlough, and supply shortages that could take us from bad to worse. People's options will be more restricted, and they might have to make impossible choices – like whether to heat their home or pay their rent.

The good news is that there are brilliant local charities and community organisations that are helping people in poverty right now. In this guide, we're recommending a shortlist for your donations. They are under the radar, but doing brilliant work with modest resources. They provide the glue that holds communities together, helping people to help themselves. And they're the catalyst for thousands of hours freely given by an army of volunteers.



About poverty and hardship following the pandemic

- Weekly earnings in the North East are relatively low, and this has worsened because of the COVID-19 pandemic. Unemployment remains higher than any English region outside of London.*
- Many out-of-work or low-paid families in our area depend on Universal Credit. With food and fuel prices increasing, they will be affected by the loss of the £20 weekly uplift introduced during the pandemic, and won't benefit from changes announced in the Budget.**
- Poverty and disadvantage place huge pressure on families, underpinning a 77% increase in the rate of children in care in the North East over the past 10 years – three times the national rate.***

How did we choose who to profile?

We make over 1,000 grants every year, so we've got to know local charities and community organisations on our patch well. Good to Give lists some of those we've successfully funded recently which focus on helping people in poverty. We're also focusing on smaller organisations, because they struggle most to raise their profile and generate public donations.

* www.ons.gov.uk/employmentandlabourmarket/peopleinwork/employmentandemployeetypes/bulletins/regionallabourmarket/october2021

** www.endchildpoverty.org.uk/wp-content/uploads/2021/02/Letter-to-the-Chancellor-8-Feb-2021-1.pdf

*** www.bbc.co.uk/news/uk-england-tyne-57990047

How to use this guide

Over the next few pages there are details of local Citizens Advice services and 23 Community Foundation grantees supporting communities regionally or in Northumberland, north of Tyne or south of Tyne. All are making a difference to poverty and have adapted their work during the pandemic and beyond. You can click on the links in each profile to:



find out more



donate directly

Or go to the inside back cover if you'd like to expand your giving through the Community Foundation.

Citizens Advice

Citizens Advice is a network of charities offering free, confidential information and advice to assist people with legal, debt, consumer, housing and other problems. If you or anyone you know needs advice about issues you can contact them in person, by phone or online.

Citizens Advice Gateshead



www.citizensadvicegateshead.org.uk



www.paypal.com/gb/fundraiser/charity/3252438

Citizens Advice Newcastle



www.citizensadvice-newcastle.org.uk



www.citizensadvice-newcastle.org.uk/support-us

Citizens Advice Northumberland



www.citizensadvicenorthumberland.org.uk



www.easyfundraising.org.uk/causes/canorthumberland

Citizens Advice Sunderland



www.facebook.com/SunderlandCitizensAdviceBureau



www.facebook.com/SunderlandCitizensAdviceBureau

North Tyneside Citizens Advice



www.ntcab.org.uk



www.ntcab.org.uk

South Tyneside Citizens Advice



www.southtynelca.net



www.justgiving.com/southtynecab

Regional

Disability North

Disability North is a user-led charity working to alleviate poverty and social isolation for disabled people and older adults in the North East. Its free and impartial advice empowers disabled people to make informed decisions, maximising the control they have over their own lives.



www.disabilitynorth.org.uk



www.disabilitynorth.org.uk/support-us/donate

FareShare North East

FareShare North East redistributes perfectly good surplus food to front-line community groups and charities in the North East directly helping those who are known to be vulnerable and experiencing food insecurities.



www.fareshare-northeast.org.uk



fareshare-northeast.org.uk/get-involved/donate

North East Law Centre

North East Law Centre is an independent not-for-profit legal practice providing free and affordable advice, casework and representation. Its team of solicitors, barristers, and paralegals support vulnerable and disadvantaged people across the North East.



www.nelawcentre.co.uk



www.paypal.com/gb/fundraiser/charity/3182322



Community Action Northumberland



The Bay Foodbank



St. Paul's Community Partnership



West End Refugee Service

Northumberland

Berwick upon Tweed Community Development Trust

The Trust runs activities that meet the needs of the people of Berwick-upon-Tweed. Its work includes home energy advice, a food bank, and support and training opportunities for unemployed and socially excluded people.

www.berwicktrust.org.uk

localgiving.org/charity/berwickcommunitytrust

Community Action Northumberland (CAN)

CAN supports organisations, communities and individuals, especially those living in poverty, across rural areas of the county. Activities include a focus on fuel poverty through 'OilCAN', a joint heating fuel procurement scheme. CAN's national award-winning Warm Hubs ensure people have a safe and warm place to enjoy a meal, company and other support.

www.ca-north.org.uk

www.ca-north.org.uk/support-us/donate

West Northumberland Food Bank

West Northumberland Food Bank collects and distributes food donations, and other household essentials, alongside providing support with benefits and debt problems. It aims to provide a safety net for people in hardship and help them get back on their feet.

www.westnorthumberlandfoodbank.org.uk

www.westnorthumberlandfoodbank.org.uk/donate

Wansbeck Valley Food Bank

Wansbeck Valley Food Bank works to relieve the impact of poverty or financial hardship by providing food parcels to people in communities surrounding Ashington, Newbiggin, Pegswood, Lynemouth and Morpeth in Northumberland.

www.wansbeckvalleyfoodbank.org

wansbeckvalleyfoodbank.org/how-you-can-help-2

North of Tyne

The BAY Foodbank

The BAY Foodbank provides emergency food provision to individuals, couples and families experiencing a financial crisis in North Tyneside. Working with other organisations, it also distributes hygiene packs and, last winter, distributed winter warmer bags containing blankets, hot water bottles, hats and gloves.

www.thebayfoodbank.org.uk

www.thebayfoodbank.org.uk/how

The Cedarwood Trust

The Cedarwood Trust works with local residents in some of the most disadvantaged wards in North Tyneside to overcome their many challenges. It provides facilities and services for the relief of poverty and the promotion of health and wellbeing, including offering free meals and a discount food store.

www.cedarwoodtrust.com

www.cedarwoodtrust.com/donate

St Paul's Community Partnership (Willington Quay)

The Partnership offers a range of services to the communities of Willington Quay, Howdon and Wallsend. Services include a FareShare initiative run on a "give what you can, take what you need" basis offering food, toiletries, good-quality household items and toys/seasonal items.

www.stpaulscommunitypartnership.weebly.com

justgiving.com/stpaulscentre

The People's Kitchen

From its city centre building and a mobile kitchen, The People's Kitchen provides hot meals, clothing, bedding, showering facilities, advice and signposting to homeless, vulnerable and disadvantaged people in Newcastle.

www.peopleskitchen.co.uk

www.justgiving.com/thepeopleskitchennewcastle

Tyneside Vineyard

From its two hubs in Wallsend and Marley Hill, Gateshead, Tyneside Vineyard offers a range of services supporting people in need. It runs the Byker Pantry, offering discounted food and household items, and Grassboots shoe bank offering children footwear to enable them to participate in sport, play, school and other activities.

www.lifevineyard.church

www.lifevineyard.church/give
(note select "life projects and Compassion centre" to support the above activities)

West End Refugee Service

West End Refugee Service provides support and opportunities to asylum seekers and refugees on Tyneside. It offers advice and information on health, welfare, resettlement, volunteering and services available in the city. It also operates a hardship fund for people seeking asylum with no recourse to public funds / no access to state support.

www.wers.org.uk

www.wers.org.uk/donate

Newcastle West End Food Bank

The Newcastle West End Food Bank, based at the Lilia Centre, provides food parcels, for eligible individuals and families, and hot lunches for anyone, irrespective of eligibility. Its Pathways Out of Hunger programme offers a welfare benefits advice and guidance service to help tackle the causes of food poverty.

www.newcastlewestend.foodbank.org.uk

www.newcastlewestend.foodbank.org.uk/give-help/donate-money



Foundations Furniture



Sunderland Bangladesh International Centre



Washington Community Food Project

South of Tyne

Churches Together in South Tyneside

Churches Together in South Tyneside was set up to enable churches and the wider community to respond to the needs of local people. Its KEY2LIFE programme provides services to people experiencing poverty, including a food bank, fuel vouchers, a holiday 'Food n' Fun' programme and a recycling school uniform project.

 www.churchestogethersouthtyneside.co.uk

 justgiving.com/churchessouthtyneside

CREST (Compact for Race Equality in South Tyneside)

Serving some of the most disadvantaged wards in Tyne and Wear, CREST promotes and fosters racial and community harmony. CREST supports all members of South Tyneside's Black, Asian and Minority Ethnic community to improve their socio-economic position and their quality of life.

 www.crest.uk.com

 www.crest.uk.com (donate link at top of page)

Edbert's House

Edbert's House operates three community hubs in East Gateshead, supporting individuals and communities experiencing complex lives. Its nationally recognised Community Linking project places staff within GP practices to offer patients support on housing issues, benefit claims and financial worries

 www.edbertshouse.org

 www.edbertshouse.org

Foundations Furniture

Foundations Furniture provides low-cost or free recycled household furniture and electrical items and a 'job readiness' programme. Households using the service include those experiencing in-work poverty as well as benefit claimants and those who are rebuilding their lives after experiencing homelessness, leaving care or fleeing abuse.

 www.foundationsfurniture.co.uk

 www.crowdfunder.co.uk/rebuild-a-home-life-for-those-in-crisis

Gateshead Foodbank

Gateshead Foodbank provides emergency food supplies to local people in crisis. Trained volunteers offer light refreshments and provide a safe non-judgmental place in which beneficiaries can sit and be heard, and signposts to other agencies, where appropriate.


 www.gateshead.foodbank.org.uk

 www.justgiving.com/gateshead-foodbank

C.H.A.N.C.E. (Community Help And Neighbourly Care for Everyone)

C.H.A.N.C.E. runs a wide range of community, family and young people's activities for those that find themselves socially and economically isolated in the East End of Sunderland. Activities include training and job searches, benefits advice, lunch clubs and social groups.

 www.chancesunderland.co.uk

 www.paypal.com/donate?hosted_button_id=6LSP8TJ3ZSZXW

Pennywell Neighbourhood Centre

Pennywell Neighbourhood Centre is a resident-led community organisation in the west of Sunderland. It focuses on health and wellbeing issues linked to long-term poverty and unhealthy lifestyles. The centre provides an integrated package of health, social care and educational services from cookery skills to fitness classes, family support, a toy library and a community garden.

 www.pennywellinc.org

 localgiving.org/pennywell-neighbourhood-centre

Sunderland Bangladesh International Centre

Despite its name, Sunderland Bangladesh International Centre provides services to a diverse range of people and acts as a base for projects working with many Black, Asian and Minority Ethnic groups across the city. It provides services such as advice, guidance, translating services, social and emotional support based on need but also funding.

 www.sb-international.org.uk

 sb-international.org.uk/donate

Washington Community Food Project

Washington Community Food Project provides access to emergency food aid for those in need, as well as information relating to welfare and financial support. It has previously addressed holiday hunger by offering free, nutritious packed lunches to school children of all ages in Washington and Springwell Village.

 www.wcfp.org.uk

 www.wcfp.org.uk/donate

Want to expand your giving? Let's talk...

Not sure which organisation to support or want to help them all?

You can make a donation to our Vital Funds and will we use the funds to support these organisations to help loosen poverty's grip in Tyne and Wear and Northumberland.



Donate here

www.communityfoundation.org.uk/donate

Already have a fund with us?

You can speak to your Community Foundation fund advisor to make a grant from your fund to any of the organisations. You can also opt to pool support from your fund with others to back the trusted charities and community organisations in this guide.

New to the Community Foundation?

We believe that anyone can be a philanthropist, and our team of expert advisors is here to help you find a way to make your giving both effective and rewarding. You can give time, give with others, start your own fund, or leave a legacy.

To find out more about your giving options, call Lisa Cappleman on **0191 222 0945** or email lc@communityfoundation.org.uk



This guide is inspired by the Good to Give guides created by Toronto Foundation, Canada torontofoundation.ca
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